



*Brings Aceh people to a better life*

**IBU4ACEH**  
**REPORT UPDATE**  
**MEULABOH, ACEH BARAT DISTRICT**  
**January 6 – 19, 2006**

### GENERAL SUMMARY

In this period we have muslim holiday Idul Adha on January 10 and therefore all programs are off on January 9 and 10, except for mobile clinic to Sungai Mas. In health program, we may add one posyandu to assist in Ujong Tanjong TLC Block I-IV. In psychosocial program, we are planning to spread questionnaire among beneficiaries as feedback and evaluation tool of our programs. In livelihood program, we are waiting for grant disbursement from YBUL while preparing the sewing activity group and developing composting project proposal.

### HEALTH PROGRAM

#### Coverage Area

Table 1. Coverage area of health program

No	Sub district	Site	Activity
1	Kaway XVI	Beuregang TLC	MCH
2		Keude Aron Camp	Static clinic, MCH
3	Meurebo	Ujong Tanjong TLC	Static clinic, MCH
4		Alue Penjareng TLC	MCH
5	Johan Pahlawan	Lapang II Camp	Static clinic, MCH
6	Woyla Induk	Kuala Bhee CHC	Mobile clinic
7	Woyla Barat	Pasi Mali CHC	Mobile clinic
8	Sungai Mas	Kajeung CHC	Mobile clinic

#### Primary Health Care

##### Static Clinics

All scheduled clinic operation is fulfilled. There were no cases referred.

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### 🌿 Mobile Clinics

Mobile clinic team in Woyla Barat Sub District is coordinating with psychosocial staff on caring for mental patients in the sub district, in close coordination with local CHC. In Sungai Mas our team is working on a proposal for malaria campaign and surveillance in the Sub District.

At the end of January, *Good Neighbours*—an NGO from Korea—will conduct mass charity treatment in two of our mobile clinic areas and we are invited to take part in the event.

### 🌿 Coverage

Primary health service coverage includes static and mobile clinics. The number of patients is slightly lower than the last reporting period (691 vs 513). The total number of patients treated in 2005 was 24,236 patients, and from January 1, 2006 until January 19, 2006 the number is 744.

**Table 2. Disease proportion from January 6 – 19, 2006**

No	Disease	Number of patients (%)	
		<5 years old	≥5 years old
1	ARTI	38 (7.41)	81 (15.8)
2	Skin diseases	12 (2.34)	58 (11.31)
3	Diarrhea	10 (1.95)	12 (2.34)
4	Malaria	1 (0.2)	7 (1.36)
5	Other	24 (4.67)	270 (52.62)
<b>TOTAL</b>		<b>513 (100)</b>	

### 🌿 Medicine procurement

We haven't succeeded in bringing the medicine that we purchase in Medan to Meulaboh. There is no package delivery service that we can use, and our office in Medan is still trying to solve this problem.

DHO Food and Drug Department granted us all medicine on our request list just today.

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### **Maternal and Child Health**

#### **✿ Posyandu Events**



During the period we conducted two out of five posyandus this month. Those are in Ujong Tanjong TLC Block V-VIII and Alue Penjareng TLC. The number of children attending posyandu in Ujong Tanjong and Alue Penjareng were 59 (6 infants; 43 under 3 years old; 10 under 5 years old) and 26 (4 infants; 7 under 3 years old; 15 under 5 years old), respectively. Immunization is given to eight and two children, respectively. No cases of malnutrition found in both posyandus. Only seven conceiving mothers did antenatal care and received iron supplement in Ujong Tanjong, while in Alue Penjareng there were none. On January 17 we held community meeting at Ujong Tanjong TLC Block I-IV and they still want to have posyandu, therefore the community leaders promised to encourage their people to become kaders. If it works, it will be our sixth assisted posyandu.

#### **✿ CHW Training**

Due to Idul Adha holiday, we held no trainings this period.

#### **✿ Nutrition Assessment**

Alue Penjareng is the only place where the kaders seem to find no difficulties in calculating nutrition status using weight/height measurement. In other places we still have to help them. We have submitted report on malnutrition for December to local CHC as well as DHO but there is still no action.

### **IEC Session**

Starting January 13, 2006 we have thirty minutes on-air talk show at Dalka FM, a local radio station every Friday at 9 a.m. So far we had conducted two sessions, with topics of Posyandu and respiratory tract infections, respectively.

### **Outcomes**

All static and mobile clinic schedules were fulfilled. We provide full cream milk for all children over six months of age attending posyandu, and let the kaders provide extra supplements with certain budget. We succeeded in providing appropriate medicine so far, however for skin diseases and some other ailments which

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medicine is unavailable at the DHO we would not be able to treat properly if our medicine from Medan could not reach Meulaboh by next week. We are now assisting 5 posyandus, and after the community meeting at Ujong Tanjong TLC Block I-IV another one is coming.

### **Constraints**

- Delayed medicine supplies delivery from Medan to Meulaboh.

### **Recommendation**

- We recommend a better delivery system.

### **Coordination**

#### ✿ **Health Coordination Meeting**

From now on, health coordination meeting will be held by UNICEF on Monday every two weeks. In the last meeting UNICEF encourage all NGOs to take part in the upcoming fourth round of Polio campaign at the end of January.

#### ✿ **Aceh Barat District Malaria Coordination Meeting**

DHO in coordination with UNICEF will train malaria kaders in every village in certain sub districts known to be malaria endemics. IBU4ACEH will be involved in the training at Sungai Mas.

#### ✿ **IRC Donation Offer**

IRC offered some medicine and medical equipments to support our activities. We sent request letter along with the list of items needed, and they are likely to respond by next week.

#### ✿ **UNICEF**

We are trying to collaborate with UNICEF in conducting malaria study at Sungai Mas Sub District.

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## PSYCHOSOCIAL PROGRAM

### Coverage Area

- Beuregang TLC, Kaway XVI Sub District
- Ujong Tanjong TLC, Meureubo Sub District
- Pasi Mali village, Woyla Barat Sub District

### Beneficiaries

- 139 children.
- 24 teenagers.
- 95 adults.

### Activities

#### ✿ Play & Learn and Children Group Counseling

We conduct various activities in Play & Learn to increase cognition ability, creativity and imagination, linguistic ability, psychomotor ability, emotional intelligence, and social adjustments. The classes were off for one week around Idul Adha holiday, and we visited some of them at home on January 11. On January 14 we held a meeting with parents to share and discuss their children's progress, problems encountered and socialization of rules. On January 20 we will give the children activity report to their parents.

#### ✿ Teenage Sharing and Counseling

During this period the teenagers had their school examination week. We distribute schoolbooks to help them study, and conduct teenage study group followed with sharing and discussion about school and education. The major issues in their academic performance are lack of concentration and motivation.



#### ✿ Adult Counseling

Adult individual counseling as well as group activities is mainly aimed as a means for trauma healing. For most of them, the trauma rooted in the loss of a child in tsunami. We also make home clinical counseling with three psychotic patients at Pasi Mali village, collaborating with health mobile clinic team.

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### ✚ On-Air Counseling

- *Dalka FM*

On January 8, we discussed *The Meaning of Commemorate Idul Adha* and got 8 short messages during the session. On January 15, the theme was *Teenage and Early Marriage*, there were 5 short messages. IBU tried to give some insight about the things that teenager have to prepare before decided to get married.

- *Fas FM*

On January 6, we discussed *What is puberty?* and got four short messages asking mainly about social, physical, and psychological conditions experienced in puberty. On January 13, we discussed *Self confidence in social interaction*, there were 4 short messages.

### Constraints

- On some occasions we could not handle all children due to large classes and lack of teachers.
- Language is still a barrier between our adult counselor because most clients tell their stories in Acehnese.

### Follow up

- In Play & Learn we will still emphasize on the exercise of fine motor movement. We will also apply the rules as to make the children understand the consequences of being naughty.
- We will have fun games to loosen up after examination week for the teenagers and have particular session for discussing effective studying.
- We will try to develop adult trauma counseling group at Beuregang and add more variety to the activities.
- We will coordinate with other agencies to adjust programs and schedule.

### Coordination

No coordination meeting held this period due to Idul Adha holiday and the absence of DHO mental health coordinator.

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## LIVELIHOOD PROGRAM

We have two main activities this period. The first is preparing women group at Beureugang TLC, Kaway XVI Sub District, for sewing activities while waiting for the grant disbursement from **YBUL (Yayasan Bina Usaha Lingkungan)**. And the second is developing composting project proposal to be submitted to UNDP at their proposal bidding which is likely to be held at the beginning of February. We also seek partnership with other agencies interested in waste management.

Expected outcome in January 2006:

- Submitting Composting Project Proposal to UNDP
- Get ready to run women sewing activities at Beureugang TLC.
- Grant disbursement from YBUL

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## ABOUT IBU4ACEH

After serving the tsunami survivors and affected people for a year we are getting a more thorough picture of the physical and psychosocial condition of our beneficiaries. As there are still a lot to be done, we will continue our ongoing programs and develop new programs in order to make betterment for the people of Aceh. Some health and psychosocial programs for 2006 will be funded by Action Medeor from Germany and we are also receiving some amount of grant from Rotary German for psychosocial program. We look forward for partnership with other agencies.

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